

St Thérèse

at
Lancaster
Cathedral



28 - 30 September 2009

She died **aged 24**. Just
a handful of people
attended her funeral.
Now she is **revered by**
millions all over the
world and **countless**
people look to her
for **help**.

**Why is she
so special?**

The relics (mortal remains) of
St Thérèse of Lisieux are coming to
Lancaster Cathedral, 28th-30th September 2009.

Come along and find out why Thérèse appeals to so many. Coaches will be going to the Cathedral from many areas during the visit. There may also be talks and other events in your local area before the event.

Look out for information in local parishes, or check the Cathedral website to find out more about the visit:

visit www.lancastercathedral.org.uk
or search online: St Therese in Lancaster

St Thérèse has an almost universal appeal. Her short earthly life and the message she gives can help each of us in our daily lives.

St Thérèse for Families

Thérèse grew up in a loving family in which she learned how to live a good life. The family endured tragedy, however. When Thérèse was just four years old her mother died of cancer, and a number of the children died in infancy. Despite the difficulties the family remained strong in faith. All the surviving sisters entered religious life, and Thérèse's parents were beatified in 2008.



St Thérèse for Young People

Thérèse was strong-willed even as a child, and in her early teens she had made up her mind to become a Carmelite nun. She overcame many obstacles to achieve her goal, and has become an inspiration for many young people as they seek direction in life. She died when she was just 24, and so testifies to the difference that young people can make in changing the world for the better.



St Thérèse for those who suffer illness

For the last eighteen months of her life Thérèse suffered greatly with illness. This was a terrible trial for her, yet she remained strong because of her faith in God's love. She accepted suffering as God's will and offered it to Him, uniting her suffering with that of Jesus on the Cross. She also saw the suffering of those she loved, particularly her father, who suffered a form of dementia towards the end of his life.



St Thérèse for those who doubt

During her illness Thérèse endured a trial of faith. Although she still believed, she spoke of how heaven seemed 'closed' to her and she found it difficult to feel God's presence. She often prayed for those who doubted and those who had lost their way in life.



St Thérèse for all people: the 'Little Way'

Thérèse is famous for her 'Little Way' to God. Put simply, it means that each of us can achieve a genuine holiness by offering to God every small act of service or love we perform. Thérèse does not teach great acts of heroism, but rather that each of us should offer every little act of our lives to God, out of love for Him.

"I will spend my heaven doing good on earth."

St Thérèse of Lisieux